

Cheerleading Tryouts: Judge's Score Sheet

Judge # _____

Candidate # _____

Category	Possible Points	Points Scored	Comments
JUMPS			
• Toe Touch	10		
• Alternate Jump	10		
CHEER			
• Communication Skills: -loud, clear voice (3) -no sing-song words (2) -facials (2) -eye contact (3)	10		
• Motion Technique -proper motion placement (3) -arms straight (3) -bold, sharp controlled moves (3) -no broken wrists (2) -claps sharp, loud, hands cupped (2) -fist closed correctly & facing correct direction (2)	15		
• Energy, Enthusiasm, Overall Presence, and Spirit	15		
DANCE			
• Skills, Rhythm, & Knowledge of dance -in step with music (2) -exhibits rhythm (2) -begins & ends on time (2) -sharp motions (2) -no counting (mouthing/out loud) (1) -smiling, comfortable & having fun (1)	10		
TUMBLING			
• Cartwheel = 1 Roundoff = 2 • Handspring = 3 Back Handspring = 4 • Back Tuck = 5	5		
Total	75		